



McDONALD'S CANADA ALLERGEN INFORMATION

As of July 29, 2019

To help guests with food allergies make more informed choices, we created an Allergen Information chart with symbols to provide allergen information for our standard menu items. Test products, test formulations, and certain regional products and/or limited time promotional products have not been included. The information provided in this document is based on the most current ingredient information available from our suppliers for the ten priority food allergens identified by Health Canada (eggs, milk, mustard, peanuts, seafood [including fish, crustaceans and shellfish], sulphites, sesame, soy, tree nuts, and wheat and other cereal grains containing gluten), and is based on standard product formulations. However, despite taking precautions, normal kitchen operations may involve some shared storage, cooking and preparation areas, equipment, utensils and displays, and the possibility exists for your food items to come in contact with other food products, including other allergens.

We encourage guests with food allergies or special dietary needs to visit www.mcdonalds.ca for the most comprehensive and up-to-date ingredient information, and consult their doctor for questions regarding their diet. If you have questions about our food, please ask to speak to a Manager or contact the McDonald's Guest Relations Contact Centre at 1-888-424-4622.

The allergen information displayed in this document is current as of the date indicated at the top of this page.

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| | Peanuts | Tree Nuts | Sesame | Eggs | Milk | Soy | Fish | Shellfish | Mustard | Sulphites | Wheat | Barley | Oat | Rye | Triticale |
|---|---------|-----------|--------|------|------|-----|------|-----------|---------|-----------|-------|--------|-----|-----|-----------|
| Breakfast | | | | | | | | | | | | | | | |
| Bacon & Hash Brown More-Ning McWrap | | | | | | | | | | | | | | | |
| Bacon 'N Egg McMuffin | | | | √ | √ | √ | | | | | | | | | |
| Bacon 'N Egg Bagel with Cinnamon & Raisin Bagel | | | X | √ | √ | √ | | | | | √ | √ | | | |
| Bacon 'N Egg Bagel with Everything Bagel | | | √ | √ | √ | √ | | | | | √ | | | | |
| Bacon 'N Egg Bagel with Multigrain Bagel | | | √ | √ | √ | √ | | | | | √ | √ | √ | √ | |
| Bacon 'N Egg Bagel with Plain Bagel | | | X | √ | √ | √ | | | | | √ | √ | | | |
| Bacon 'N Egg Bagel with Sesame Bagel | | | √ | √ | √ | √ | | | | | √ | | | | |
| Bacon, Egg & Cheese McGriddles | | | | √ | √ | √ | | | | | | | | | |
| Big Breakfast | | | | | | | | | | | | | | | |
| Breakfast Burrito | | | | | √ | √ | | | | | | | | | |
| Cinnamon & Raisin Bagel with Butter | | | X | | √ | √ | | | | | √ | √ | | | |
| Cinnamon & Raisin Bagel With Herb & Garlic Cream Cheese Product | | | X | | X | √ | | | | | √ | √ | | | |
| Cinnamon & Raisin Bagel With Regular Cream Cheese Product | | | X | | X | √ | | | | | √ | √ | | | |
| Egg BLT Bagel with Cinnamon & Raisin Bagel | | | | | | | | | | | | | | | |
| Egg BLT Bagel with Everything Bagel | | | | | | | | | | | | | | | |
| Egg BLT Bagel with Multigrain Bagel | | | | | | | | | | | | | | | |
| Egg BLT Bagel with Plain Bagel | | | | | | | | | | | | | | | |
| Egg BLT Bagel with Sesame Bagel | | | | | | | | | | | | | | | |
| Egg BLT McMuffin | | | | | | | | | | | | | | | |
| Egg McMuffin | | | | √ | √ | √ | | | | | | | | | |
| English Muffin with Butter | | | | | √ | | | | | | | | | | |
| Everything Bagel with Butter | | | √ | | √ | X | | | | | √ | | | | |
| Everything Bagel With Herb & Garlic Cream Cheese Product | | | √ | | X | X | | | | | √ | | | | |
| Everything Bagel With Regular Cream Cheese Product | | | √ | | X | X | | | | | √ | | | | |
| Hash Browns | | | | | | | | | | | | | | | |
| Hotcakes with Syrup and Butter | | | | √ | √ | √ | | | | | √ | | | | |

| | Peanuts | Tree Nuts | Sesame | Eggs | Milk | Soy | Fish | Shellfish | Mustard | Sulphites | Wheat | Barley | Oat | Rye | Triticale |
|--|----------------|------------------|---------------|-------------|-------------|------------|-------------|------------------|----------------|------------------|--------------|---------------|------------|------------|------------------|
| New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Large | | | | | | | | | | | | | | | |
| New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Medium | | | | | | | | | | | | | | | |
| New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Small | | | | | | | | | | | | | | | |
| New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Snack Size | | | | | | | | | | | | | | | |
| New Strawberries and Cream Muffin | | | | √ | √ | | | | | | √ | | √ | | |
| OREO Cookie Coffee Iced Frappé - Large | | | | | | √ | | | | | √ | | | | |
| OREO Cookie Coffee Iced Frappé - Medium | | | | | | √ | | | | | √ | | | | |
| OREO Cookie Coffee Iced Frappé - Small | | | | | | √ | | | | | √ | | | | |
| OREO Cookie Coffee Iced Frappé - Snack Size | | | | | | √ | | | | | √ | | | | |
| Premium Roast Brewed Coffee - Extra Large | | | | | | | | | | | | | | | |
| Premium Roast Brewed Coffee - Large | | | | | | | | | | | | | | | |
| Premium Roast Brewed Coffee - Medium | | | | | | | | | | | | | | | |
| Premium Roast Brewed Coffee - Small | | | | | | | | | | | | | | | |
| Premium Roast Brewed Iced Coffee - Large | | | | | √ | | | | | | | | | | |
| Premium Roast Brewed Iced Coffee - Medium | | | | | √ | | | | | | | | | | |
| Premium Roast Brewed Iced Coffee - Small | | | | | √ | | | | | | | | | | |
| Premium Tea - Extra Large | | | | | | | | | | | | | | | |
| Premium Tea - Large | | | | | | | | | | | | | | | |
| Premium Tea - Medium | | | | | | | | | | | | | | | |
| Premium Tea - Small | | | | | | | | | | | | | | | |
| RMHC Brownie Cookie | | | | √ | √ | √ | | | | | √ | | | | |
| RMHC Chocolate Caramel Cookie | | | | √ | √ | √ | | | | | √ | √ | | | |
| RMHC Chocolate Chunk Cookie | | | | √ | √ | √ | | | | | √ | √ | | | |
| RMHC Lil'Gem Cookie | | | | √ | √ | √ | | | | | √ | √ | √ | | |
| Salted Caramel Apple Danish | | | | √ | √ | X | | | | | √ | | | | |

| | Peanuts | Tree Nuts | Sesame | Eggs | Milk | Soy | Fish | Shellfish | Mustard | Sulphites | Wheat | Barley | Oat | Rye | Triticale |
|---|----------------|------------------|---------------|-------------|-------------|------------|-------------|------------------|----------------|------------------|--------------|---------------|------------|------------|------------------|
| Strawberry & Banana Protein Smoothie - Medium | | | | | | | | | | | | | | | |
| Strawberry & Banana Protein Smoothie - Small | | | | | | | | | | | | | | | |
| Strawberry & Banana Real Fruit Smoothie with yogurt - Medium | | | | | √ | | | | | | | | | | |
| Strawberry & Banana Real Fruit Smoothie with yogurt - Small | | | | | √ | | | | | | | | | | |
| Strawberry & Banana Real Fruit Smoothie with yogurt - Large | | | | | √ | | | | | | | | | | |
| Strawberry & Banana Real Fruit Smoothie without yogurt - Large | | | | | | | | | | | | | | | |
| Strawberry & Banana Real Fruit Smoothie without yogurt - Medium | | | | | | | | | | | | | | | |
| Strawberry & Banana Real Fruit Smoothie without yogurt - Small | | | | | | | | | | | | | | | |
| Strawberry & Banana Real Fruit Smoothie without yogurt - Snack Size | | | | | | | | | | | | | | | |
| Strawberry Cream Cheese Danish | | | | √ | √ | X | | | | | √ | | | | |
| Sugar Free Vanilla Cappuccino with 2% milk - Large | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Cappuccino with 2% milk - Medium | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Cappuccino with 2% milk - Small | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Cappuccino with skim milk - Large | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Cappuccino with skim milk - Medium | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Cappuccino with skim milk - Small | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Iced Coffee - Large | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Iced Coffee - Medium | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Iced Coffee - Small | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Latte with 2% milk - Large | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Latte with 2% milk - Medium | | | | | √ | | | | | √ | | | | | |
| Sugar Free Vanilla Latte with 2% milk - Small | | | | | √ | | | | | √ | | | | | |

| | Peanuts | Tree Nuts | Sesame | Eggs | Milk | Soy | Fish | Shellfish | Mustard | Sulphites | Wheat | Barley | Oat | Rye | Triticale |
|---------------------------------------|---------|-----------|--------|------|------|-----|------|-----------|---------|-----------|-------|--------|-----|-----|-----------|
| Beef | | | | | | | | | | | | | | | |
| Bacon & Cheddar Angus | | | | | | | | | | | | | | | |
| Big Mac | | | | | √ | √ | | | | | | | | | |
| Cheeseburger | | | | | √ | √ | | | | | | | | | |
| Double Big Mac | | | | | √ | √ | | | | | | | | | |
| Double Cheeseburger | | | | | √ | √ | | | | | | | | | |
| Double Quarter Pounder with Cheese | | | | | √ | √ | | | | | | | | | |
| Double Quarter Pounder without Cheese | | | √ | | | | | | √ | | √ | √ | | | |
| Hamburger | | | X | | | | | | √ | | √ | √ | | | |
| McDouble | | | | | √ | √ | | | | | | | | | |
| Mighty Angus Original | | | | | | | | | | | | | | | |
| Quarter Pounder BLT | | | | | | | | | | | | | | | |
| Quarter Pounder with Cheese | | | | | √ | √ | | | | | | | | | |
| Quarter Pounder without Cheese | | | √ | | | | | | √ | | √ | √ | | | |

| | Peanuts | Tree Nuts | Sesame | Eggs | Milk | Soy | Fish | Shellfish | Mustard | Sulphites | Wheat | Barley | Oat | Rye | Triticale |
|---|----------------|------------------|---------------|-------------|-------------|------------|-------------|------------------|----------------|------------------|--------------|---------------|------------|------------|------------------|
| Sandwiches & Wraps | | | | | | | | | | | | | | | |
| Chicken & Bacon McWrap with Crispy Chicken | | | | | | | | | | | √ | | | | |
| Chicken & Bacon McWrap with Grilled Chicken | | | | | | | | | | | √ | | | | |
| Chipotle Chicken Snack Wrap with Crispy Chicken | | | | | √ | | | | | | √ | | | | |
| Chipotle Chicken Snack Wrap with Grilled Chicken | | | | | √ | | | | | | √ | | | | |
| Double Filet-O-Fish | | | | | | | √ | | | | √ | | | | |
| Filet-O-Fish | | | | | | | √ | | | | √ | | | | |
| Fish & Chips | | | | | | | | | | | | | | | |
| New Caesar McWrap with Crispy Chicken | | | | | | | | | | | √ | | | | |
| New Caesar McWrap with Grilled Chicken | | | | √ | √ | | | | | | √ | | | | |
| New Cajun McWrap with Crispy Chicken | | | | | | | | | | | √ | | | | |
| New Cajun McWrap with Grilled Chicken | | | | √ | | | | | √ | | √ | | | | |
| Ranch Chicken Snack Wrap with Crispy Chicken | | | | √ | √ | | | | | | √ | | | | |
| Ranch Chicken Snack Wrap with Grilled Chicken | | | | √ | √ | | | | | | √ | | | | |
| Sweet Chili Signature McWrap with Crispy Chicken | | | | √ | | | | | √ | | √ | | | | |
| Sweet Chili Signature McWrap with Grilled Chicken | | | | √ | √ | | | | √ | | √ | | | | |

| | Peanuts | Tree Nuts | Sesame | Eggs | Milk | Soy | Fish | Shellfish | Mustard | Sulphites | Wheat | Barley | Oat | Rye | Triticale |
|---|---------|-----------|--------|------|------|-----|------|-----------|---------|-----------|-------|--------|-----|-----|-----------|
| Salads | | | | | | | | | | | | | | | |
| Asian Cashew Salad with Crispy Chicken | | | | | | | | | | | √ | | | | |
| Asian Cashew Salad with Grilled Chicken | | | | | | | | | | | | | | | |
| Caesar Bacon Salad with Crispy Chicken | | | | | | | | | | | √ | | | | |
| Caesar Bacon Salad with Grilled Chicken | | | | | √ | √ | | | | | √ | | | | |
| Caesar Side Salad | | | | | √ | √ | | | | | √ | | | | |
| Garden Fresh Side Salad | | | | | √ | | | | | | | | | | |
| Greek Feta Salad with Crispy Chicken | | | | | | | | | | | √ | | | | |
| Greek Feta Salad with Grilled Chicken | | | | | √ | | | | | √ | √ | | | | |

| | Peanuts | Tree Nuts | Sesame | Eggs | Milk | Soy | Fish | Shellfish | Mustard | Sulphites | Wheat | Barley | Oat | Rye | Triticale |
|----------------------------|---------|-----------|--------|------|------|-----|------|-----------|---------|-----------|-------|--------|-----|-----|-----------|
| McPicks | | | | | | | | | | | | | | | |
| Baked Apple Pie | | | | | | √ | | | | | √ | | | | |
| Cheeseburger | | | | | √ | √ | | | | | | | | | |
| Hamburger | | | X | | | | | | √ | | √ | √ | | | |
| Junior Chicken | | | | | | | | | | | √ | | | | |
| McDouble | | | | | √ | √ | | | | | | | | | |
| Sausage McMuffin | | | | | √ | √ | | | | | | | | | |
| Vanilla Cone | | | | | √ | √ | | | | | √ | | | | |
| World Famous Fries – Small | | | | | | | | | | | | | | | |

Allergen key:

√ = contains the allergen

X = may contain the allergen

McDonald's Restaurants of Canada Limited, its affiliates and franchisees and each of their employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants.

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